

**Diary Dates**



Friday	29th Jan	10.00	Eucharist
Sunday	31st Jan	10.00	Parish Eucharist

**THANK YOU**

To Lindsey for her presentation last week. There are a few more leaflets at the back of the church—if you do not have one then please pick one up this week.

Throughout the course of this year and as part of our Make a Difference campaign for 2010 there will be a number of fund raising events, please support them and bring along friends and family. This parish is responsible for a vast amount of good work—thank you for that—and we really want to keep it going to make a difference and build the kingdom of God here in our neighbourhood.

**MAKE A DIFFERENCE 2**

Next month—February—our **Make A Difference** event will be ‘bring a friend to church Sunday’ (21st). Last year this was particularly successful with one exception—many of our regulars did not come themselves! So please bring a friend—but above all whether with someone or not—please bring yourselves. There will be a simple (plus) lunch afterwards to which all are invited.

**St. ANNE’S BIBLE STUDY LUNCH**

The ‘Bible Exploration’ Lunch Group starts again on Wednesday, from 12. noon to 2.00 p.m., and this time we shall be looking at Paul's letter to the church at Philippi. If you Haven't been before do please feel free to join us.

**FOR OUR PRAYERS:**

**Sick:** Dorothy Bulled, Grace Crawford, Teresa Carroll, Peggy Eley, David Harrison, John Harrison, Rachel Higgons, Rahat Munir, Joan Page-Webster, Gladys Travis, Pauline Warner, Nancy Khuzwayo (One Life) Rachel Michell, Fred Banks, Valerie Black, Gill Head, Michael and Mary Taylor, Pamela Finbow (Jenny Harwood's sister)

**Anniversaries for January.** 1st Frank Garratt, 2nd Ronald Hughes, 3rd Edward Yuill, 4th Monica Harris, 5th George Bates, 6th Gabriel Quehan, 7th Lucy Newnham, 8th Arthur Moxon, 16th Betty Ward, 23rd John Sullivan, 29th Stanley Rickard.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen*

# Worship *and* NEWS

from the  
**Parish Church of St. Anne Chingford**

Web site: [stanneE4.milesconsulting.co.uk](http://stanneE4.milesconsulting.co.uk)

## 24th January

## Epiphany 3

Worship *and* News, is the weekly resource for those attending St Anne's. If you are new to St Anne's, or a visitor, may we offer you a particular welcome. We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Free Will Offering** scheme please speak to Andy Crawford, Mark Ebdon or the church wardens

**10.00**

**Parish Eucharist**

**Sidesmen:** Edna Langsdon, Linda Smith-Pryor, Jenny Miller  
**Servers:** Anum Mall, Paul Carter, David Brand  
**Chalice:** Roy Verity, Beryl Stratton  
**Lessons:** Joanne Williams  
**Prayers:** Joan Pinder  
**Reader:** Jenny Howland  
**Preacher:** Jenny Howland  
**Celebrant:** Jude Bullock  
**Music:** Bill Gloyn

<b>Hymns:</b>	190	NHWS	O God, beyond all praising
	178	HAMNS	Thy Kingdom come, O God
	178	NHWS	May the mind of Christ, my Saviour
	14	NHWS	An upper room did our Lord prepare
	175	HAMNS	Ye that know the Lord is gracious

Simple Lunch today in the Centre

**Order of Service**

Option	4
Eucharistic prayer	A

*'The Spirit of the Lord is me to bring good news to proclaim release to the blind, to let the oppressed Lord's favour.'*



*upon me, because he has anointed the poor. He has sent me to captives and recovery of sight to the go free, to proclaim the year of the*



**Please join us in the Church Centre for Coffee after the morning service**

## Collect

Almighty God,  
whose Son revealed in signs and miracles  
the wonder of your saving presence:  
renew your people with your heavenly grace,  
and in all our weakness  
sustain us by your mighty power;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## Post Communion

Almighty Father,  
whose Son our Saviour Jesus Christ is the  
light of the world:  
may your people,  
illuminated by your word and sacraments,  
shine with the radiance of his glory,  
that he may be known, worshipped, and  
obeyed  
to the ends of the earth;  
for he is alive and reigns, now and for ever.

## Old Testament Reading

**Nehemiah 8.1-3,5-6,8-10**  
<sup>1</sup>All the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the LORD had given to Israel.  
<sup>2</sup>Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month.  
<sup>3</sup>He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law.  
<sup>5</sup>And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. <sup>6</sup>Then Ezra blessed the LORD, the great God and all the people answered, 'Amen, Amen,' lifting up their hands. Then they bowed their heads and worshipped the LORD with their faces to the ground.  
<sup>8</sup>So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading.  
<sup>9</sup>And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, 'This day is holy to the LORD your God; do not mourn or weep.' For all the people wept when they heard the words of the law. <sup>10</sup>Then he said to them, 'Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our LORD; and do not be grieved, for the joy of the LORD is your strength.'

This is the word of the Lord.

All Thanks be to God.

## New Testament Reading

**1 Corinthians 12.12-31a**  
<sup>12</sup>Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. <sup>13</sup>For in the one Spirit we were all baptized into one body - Jews or Greeks, slaves or free - and we were all made to drink of one Spirit. <sup>14</sup>Indeed, the body does not consist of one member but of many. <sup>15</sup>If the foot would say, 'Because I am not a hand, I do not belong to the body,' that would not make it any less a part of the body. <sup>16</sup>And if the ear would say, 'Because I am not an eye, I do not belong to the body,' that would not make it any less a part of the body. <sup>17</sup>If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense

of smell be? <sup>18</sup>But as it is, God arranged the members in the body, each one of them, as he chose. <sup>19</sup>If all were a single member, where would the body be? <sup>20</sup>As it is, there are many members, yet one body. <sup>21</sup>The eye cannot say to the hand, 'I have no need of you,' nor again the head to the feet, 'I have no need of you.' <sup>22</sup>On the contrary, the members of the body that seem to be weaker are indispensable, <sup>23</sup>and those members of the body that we think less honourable we clothe with greater honour, and our less respectable members are treated with greater respect; <sup>24</sup>whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honour to the inferior member, <sup>25</sup>that there may be no dissension within the body, but the members may have the same care for one another. <sup>26</sup>If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it.

<sup>27</sup>Now you are the body of Christ and individually members of it. <sup>28</sup>And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. <sup>29</sup>Are all apostles? Are all prophets? Are all teachers? Do all work miracles? <sup>30</sup>Do all possess gifts of healing? Do all speak in tongues? Do all interpret? <sup>31</sup>But strive for the greater gifts.

This is the word of the Lord.

All Thanks be to God.

## Gospel

**Luke 4.14-21**

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

<sup>14</sup>Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. <sup>15</sup>He began to teach in their synagogues and was praised by everyone.

<sup>16</sup>When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, <sup>17</sup>and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written:

<sup>18</sup>The Spirit of the Lord is upon me,

because he has anointed me

to bring good news to the poor.

He has sent me to proclaim release to the captives

and recovery of sight to the blind,

to let the oppressed go free,

<sup>19</sup>to proclaim the year of the Lord's favour.'

<sup>20</sup>And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. <sup>21</sup>Then he began to say to them, 'Today this scripture has been fulfilled in your hearing.'

This is the Gospel of the Lord.

All Praise to you, O Christ.